



# Learning Objectives

## VIRTUAL PRE-WORK

### INTRODUCED DURING FOUNDATIONAL DVAA ORIENTATION MEETING

Foundational DVAA participants are expected to complete virtual coursework to introduce five major topics covered in-person during the Academy. Modules include:

- Overview of Delaware Victims' Services
- Introduction to Victims' Rights in the Criminal Justice System
- Introduction to Inclusive Victim Service Provision
- Confidentiality, which pairs with the Ethics & Boundaries module
- Victims' Compensation Assistance Program Eligibility

## SUNDAY

### MODULE 1: OPENING RECEPTION AND NETWORKING EVENT

By the end of this networking event, participants should be able to:

- Identify the names and interests of at least five other students
- Compare your service type and geographical service area with at least three other participants

## MONDAY

### MODULE 2: SELF-CARE: FOSTERING RESILIENCE

By the end of this self-care module, participants should be able to:

- Identify activities to optimize your well-being
- Identify the building blocks of resilience

### MODULE 3: TRAUMA-INFORMED CARE

At the end of this module, participants should be able to:

- Define the terms “trauma” and “trauma-informed care”
- Describe the short- and long-term effects of trauma on the body and the brain
- Identify three strategies or tools you can take back to your offices and practices to be more trauma-informed
- Identify trauma-informed empowerment strategies you can use with clients

### MODULE 4: VICTIM ADVOCACY AND COLLABORATION

At the end of this module, participants will be able to:

- Define victim advocacy and collaboration
- Identify strategies and resources to provide advocacy services to victims
- Identify skills strengthened by empathy

### DEBRIEFING SESSION

Each day ends with a 15-minute debriefing session in small groups.

Questions include:

- What went well for you today? Would you like to share any take-aways or anything that really resonated with you?
- What didn't go well that you'd like to see done differently?
- Is there anything you'd like Academy staff and faculty to know?

## **TUESDAY**

### **MODULE 5: SELF-CARE: SLEEP**

By the end of this self-care module, participants should be able to:

- Identify strategies to optimize your sleep habits
- Practice at least one strategy to regulate your body

### **MODULE 6: TRAUMA RESPONSE & CRISIS INTERVENTION & COMMUNICATION**

At the end of this module, participants should be able to:

- Identify challenging components of crisis intervention
- Explain the basic needs of someone in crisis
- Practice active listening techniques that can help establish a trusting relationship with a victim
- Apply the Empowerment Model

### **MODULE 7: DELAWARE VICTIMS' RIGHTS IN THE CRIMINAL JUSTICE SYSTEM**

At the end of this module, participants should be able to:

- Identify the 7 phases of the Criminal Justice system
- Describe rights of victims during phases of Criminal Justice system
- Define "victim" and "witness" according to Delaware statutes
- Describe distinctions between different justice systems and the rights of victims in those systems

### **DEBRIEFING SESSION**

Faculty facilitated debriefing questions include:

- What went well for you today? Would you like to share any take-aways or anything that really resonated with you?
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## WEDNESDAY

### MODULE 8: SELF-CARE: MINDFULNESS

By the end of this self-care module, participants should be able to:

- Practice at least one calming strategy you can use to model mindfulness with clients

### MODULE 9: INCLUSIVITY

At the end of this module, participants should be able to:

- Define intersectionality & equity in service
- Describe the intersection of poverty & victimization
- Describe the intersection of gender, sexuality, and victimization
- Identify common barriers to services
- Discuss strategies to increase equitable practices with victims
- Practice the Empowerment Model

### MODULE 10: CHILD PROTECTION

At the end of this module, participants should be able to:

- Describe the impact of trauma on children
- Identify when and how to make a DFS referral
- Explain the investigative process of DFS Children's Services
- Describe the various remedies used to assist children and families

### MODULE 11: ETHICS, CONFIDENTIALITY, AND BOUNDARIES

At the end of this module, participants should be able to:

- Describe confidentiality rights
- Describe legal authority and protections in Delaware
- Use OVC's Model Standards to resolve ethical dilemmas
- Define "ethical dilemma" and introduce OVC's Model Standards
- Identify ethical strategies that promote healthy boundaries

### DEBRIEFING SESSION

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## THURSDAY

### MODULE 12: SELF-CARE, GRATITUDE

By the end of this self-care module, participants should be able to:

- Complete your "Gratitude Flower" worksheet
- Write an anonymous comment on at least five (5) of your classmate's flowers, describing why you are thankful for them this week

### MODULE 13: SAFETY PLANNING AND PROTECTION ORDERS

At the end of this module, participants should be able to:

- Define safety planning
- Compare and contrast safety planning strategies for victims
- Develop safety plans

### MODULE 14: CIVIL REMEDIES & VICTIM COMPENSATION OPTIONS

At the end of this module, participants should be able to:

- Explain what VCAP is
- Describe the VCAP Application process
- Describe eligibility requirements for the Victims' Compensation Assistance Program (VCAP) in Delaware
- Identify VCAP qualifying crimes
- Explain how VCAP payments work
- Describe civil remedies for victims of crime in Delaware
- Discuss the pros and cons of filing civil suits in wrongful death and personal injury cases in Delaware
- Identify ancillary issues experienced by victims of crime
- Understand available VCAP benefits

- Assist victims with a VCAP Application

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## **\*SPECIAL NETWORKING EVENT\***

- This event will take place after regularly scheduled programming, from 5:30-7:30pm and will include passed appetizers and a cash bar

## **FRIDAY**

### **MODULE 15: SELF-CARE: MOVEMENT**

By the end of this self-care module, participants should be able to:

- Visit at least two movement stations that allow you to tune into your body

### **MODULE 16: WORLD CAFE**

At the end of this module, participants should be able to:

- Identify six agencies/resources that assist victims of crime
- Engage with other service providers to coordinate across service sectors

### **MODULE 17: REPRISAL OF DELAWARE VICTIMS' SERVICES HISTORY (JEOPARDY!)**

At the end of this module, participants should be able to:

- Identify major social & political movements that contributed to the Victims' Rights Movement
- Describe the impact of contemporary Victims' Rights laws and Bills
- Describe how Victims' Rights Organizations benefit the field

- Compare supportive services available to victims across different time periods

## **POSTTEST, GRADUATION & DISMISSAL**

At the end of this session, participants will:

- Complete the Foundational DVAA Posttest
- Complete personalized action plans
- Share final reflections on their Academy experience
- Receive a completion certificate