

Respecting Men's Experiences

Engaging Men as Allies and Survivors



September 26th, 2024

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Prevention Director
DCADV



The Delaware Coalition
Against Domestic Violence
envisions a First State where
safe, healthy, equitable
relationships, families and
communities thrive.



**What are our
community
agreements?**

Living in the Contradictions

Vent Diagrams

Living in the Middle

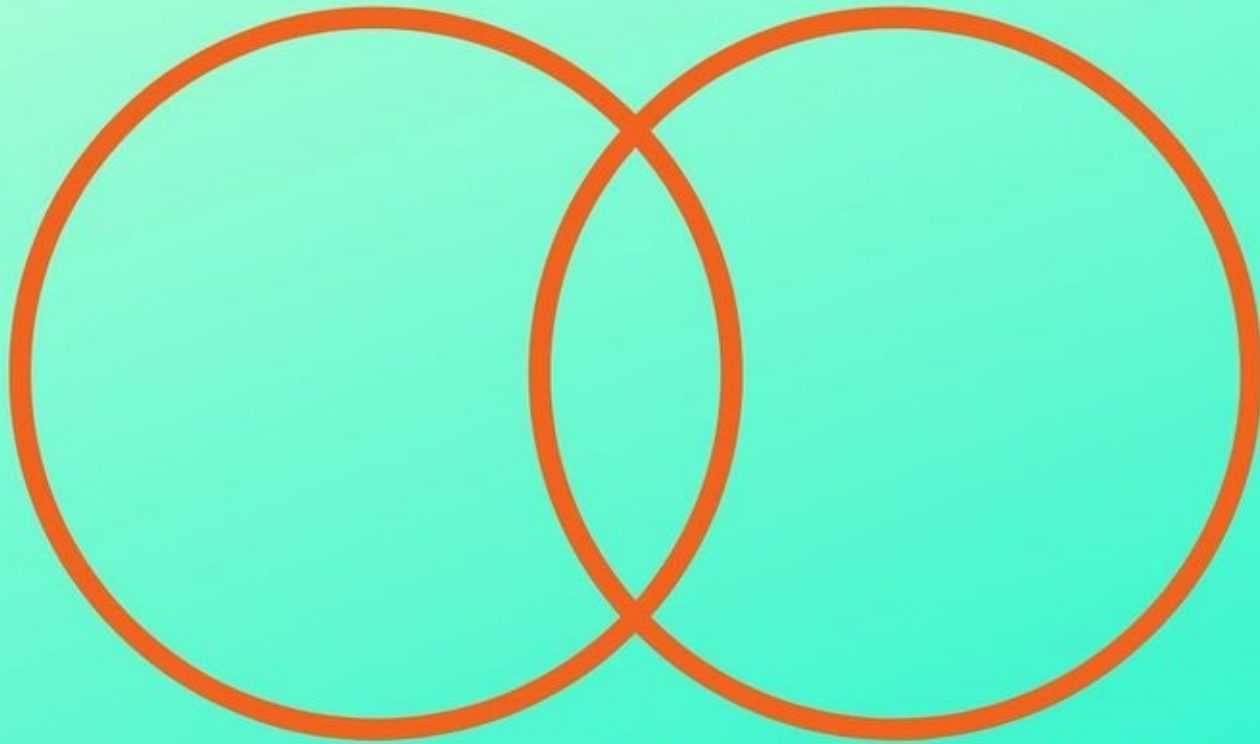


I miss
working with
people/friends
in the office

I love
working
from home

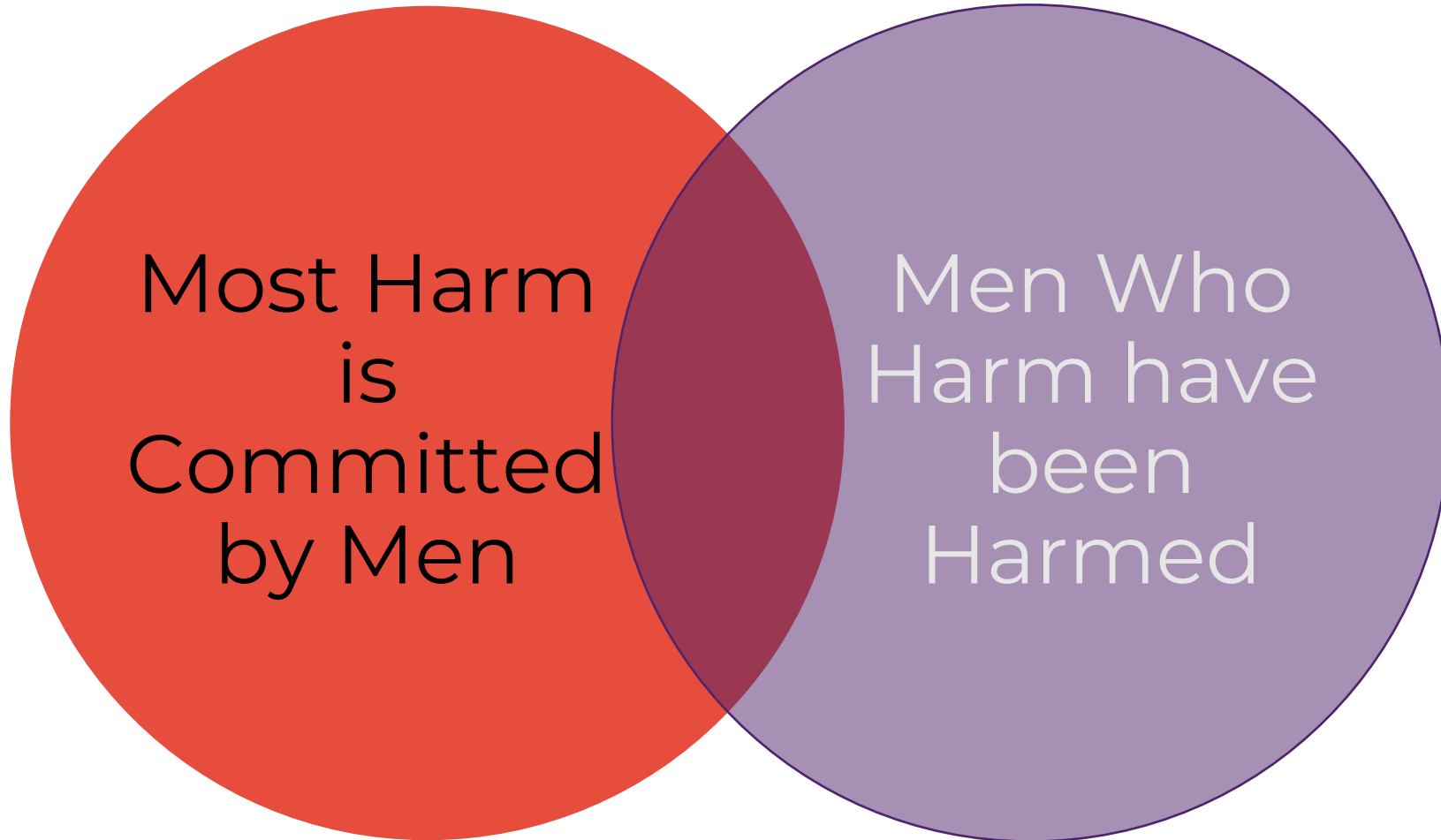
@PHAwakened

There's so much
suffering - I must
act now/always



There's so much going
on - I must rest/take
care of myself

Living in the Middle



Most Harm
is
Committed
by Men

Men Who
Harm have
been
Harmed

“Almost no one’s entry
point into violence is
committing it..”

-Danielle Sered, *Until we Reckon: Violence, Mass
Incarceration, and a Road to Repair*

**Early adversity
has lasting
impacts.**

Adverse

Childhood

Experiences

ABUSE



Physical



Emotional



Sexual

NEGLECT



Physical



Emotional

HOUSEHOLD DYSFUNCTION



Mental illness



Incarcerated relative



Abuse toward parent



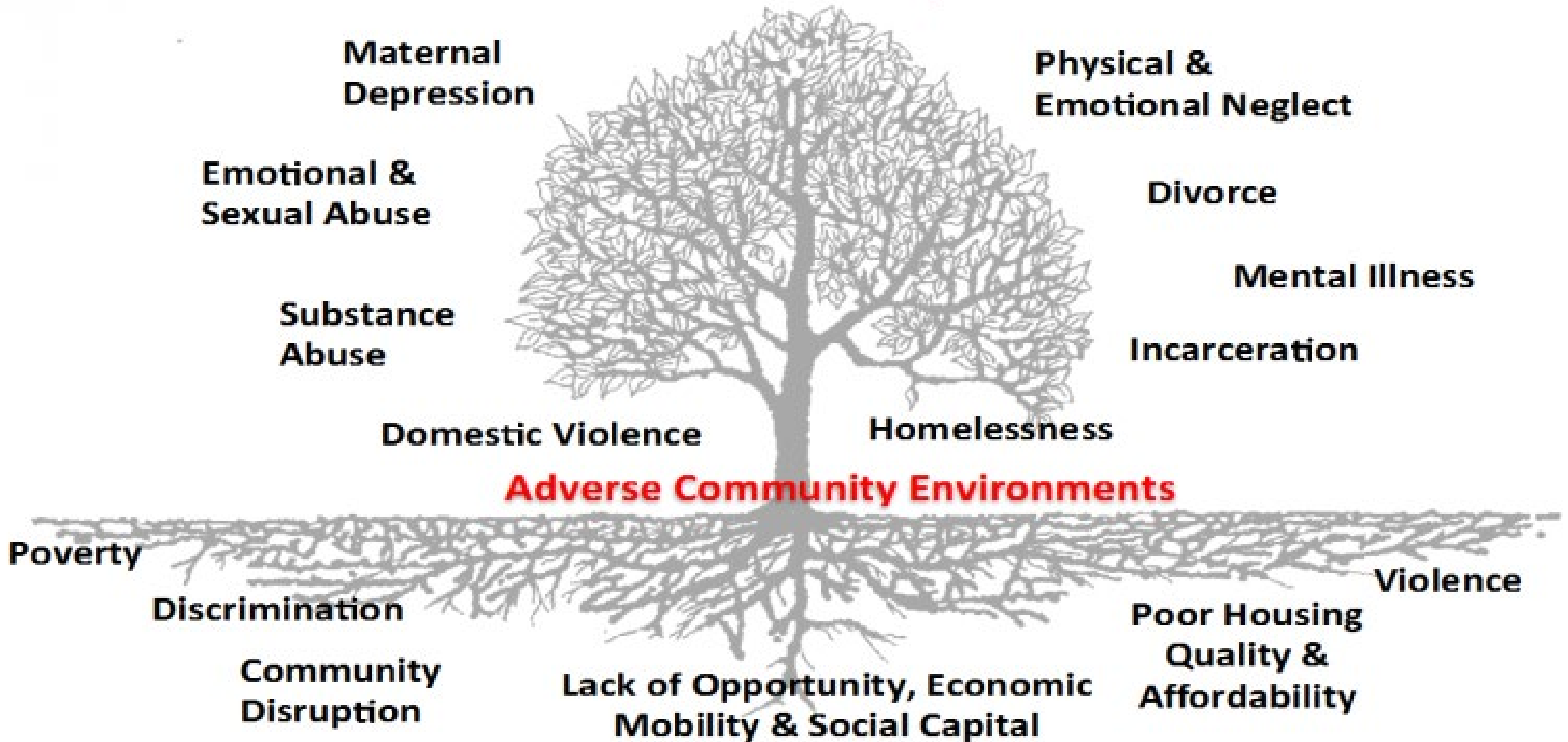
Substance abuse



Separation or divorce

The Pair of ACEs

Adverse Childhood Experiences



What is a Trauma-Informed Approach?



Realizing the
prevalence



Recognizing
the impact



Putting
knowledge
into practice

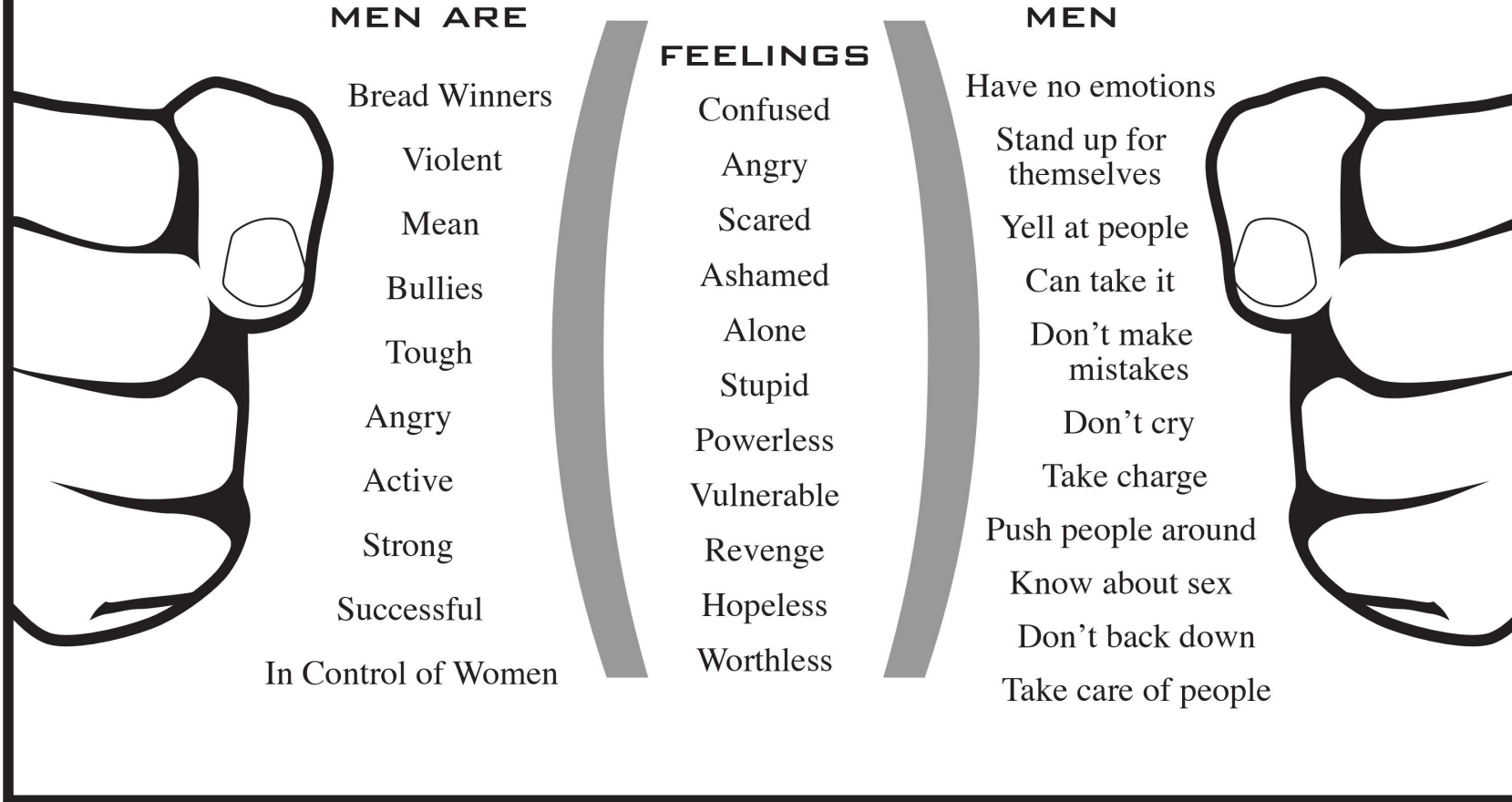
The Man Box

Unpacking Masculinity



What does it mean to “Act like a Man?”

ACT LIKE A MAN BOX



Risk and Protective Factors

Roots of Committing Harm

RISK FACTOR

A condition that **increases** the chance or likelihood that violence could occur



Belief in
harmful or
strict gender
norms



History of violent victimization



Exhibiting
aggressive
behaviors
toward peers



Violence is
accepted as a
way to solve
problems



Cultural norms
that support
aggressiveness
towards others



Harmful
norms around
masculinity
and femininity

PROTECTIVE FACTOR

A condition that **decreases** the chance or likelihood that violence could occur



Teaching skills
for healthy
relationships
and conflict
resolution



Engaging
influential
adults and
peers



Creating safe
and
supportive
environments

Intersectionality and Masculinity

More than just Men

Intersectionality

A framework for understanding how different identities make up who we are.

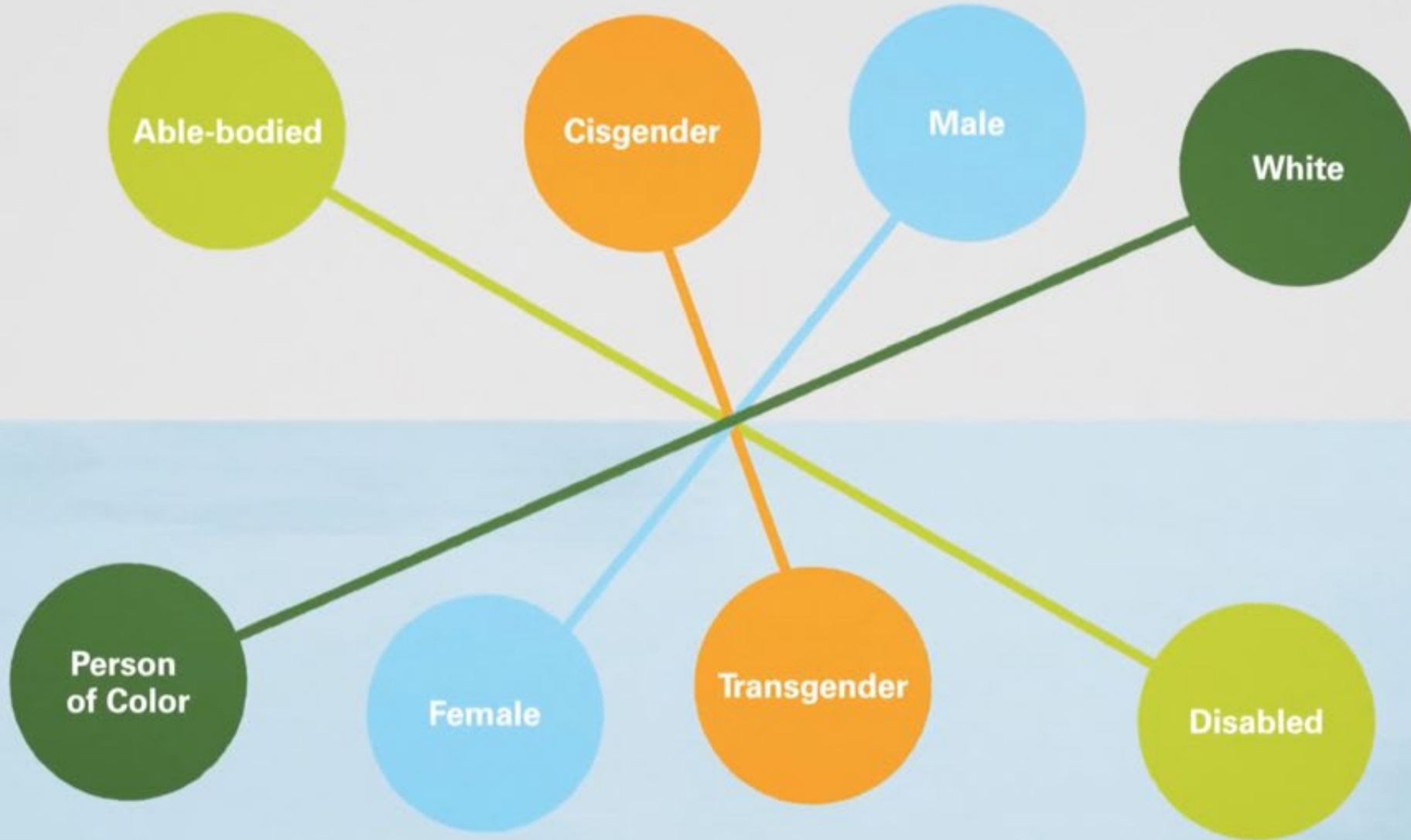


Intersectionality

Includes matters of sexuality, gender identify, disability, immigration and more



PRIVILEGE

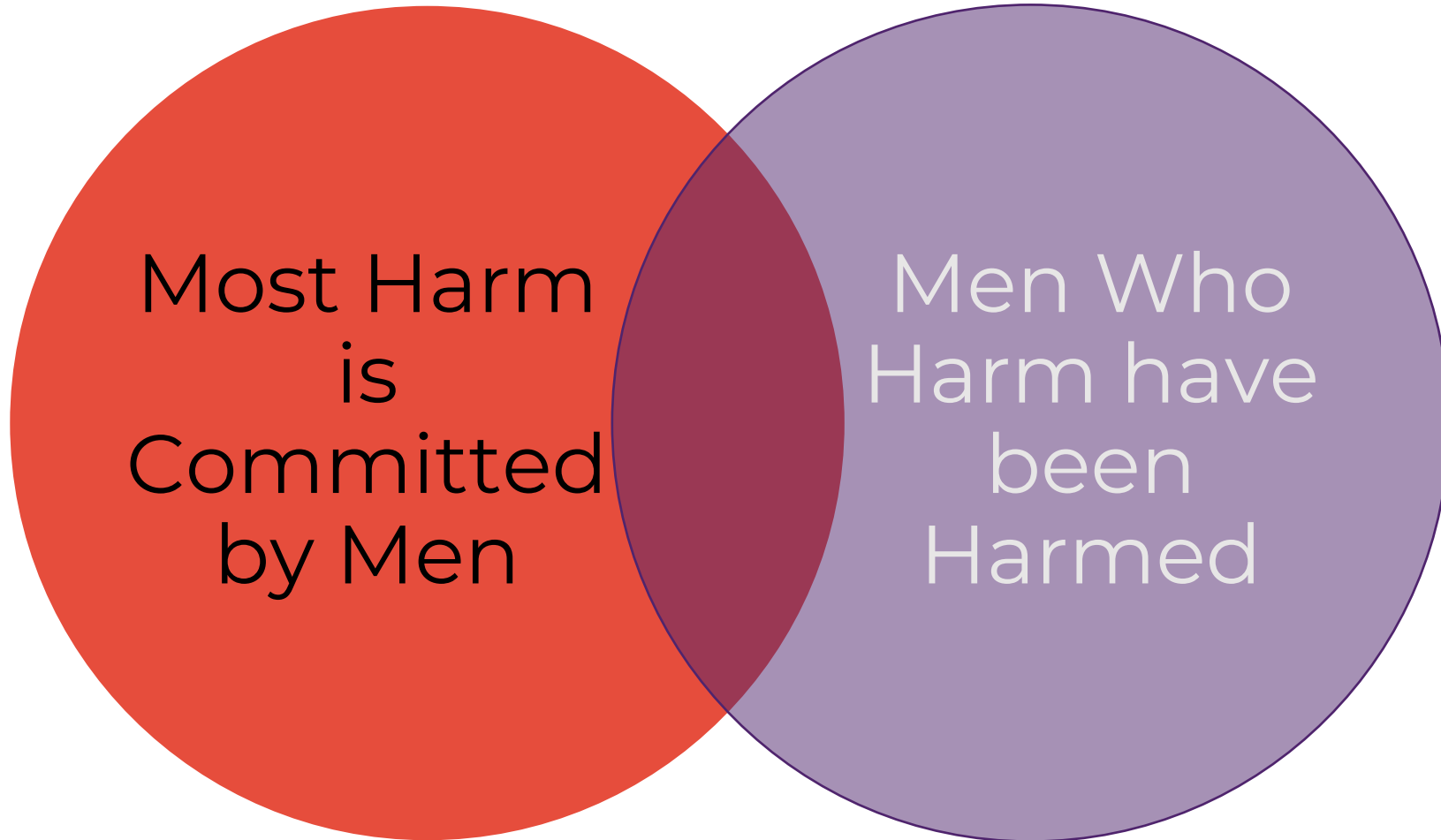


OPPRESSION



“There is no such thing as a single-issue struggle because we do not live single-issued lives...Our struggles are particular, but we are not alone.”

-Audre Lorde

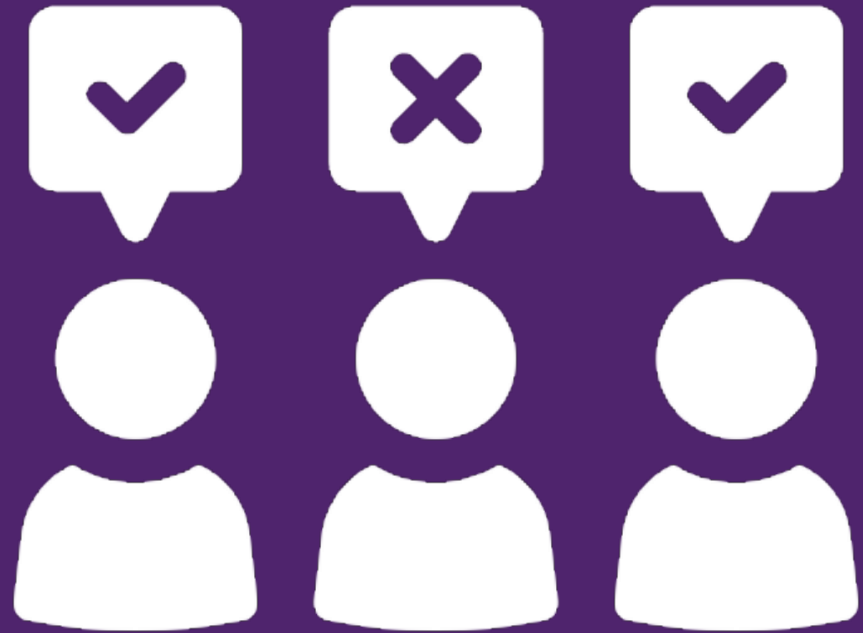


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Men Who
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Strategies for Engagement

Tools to Bring Men In



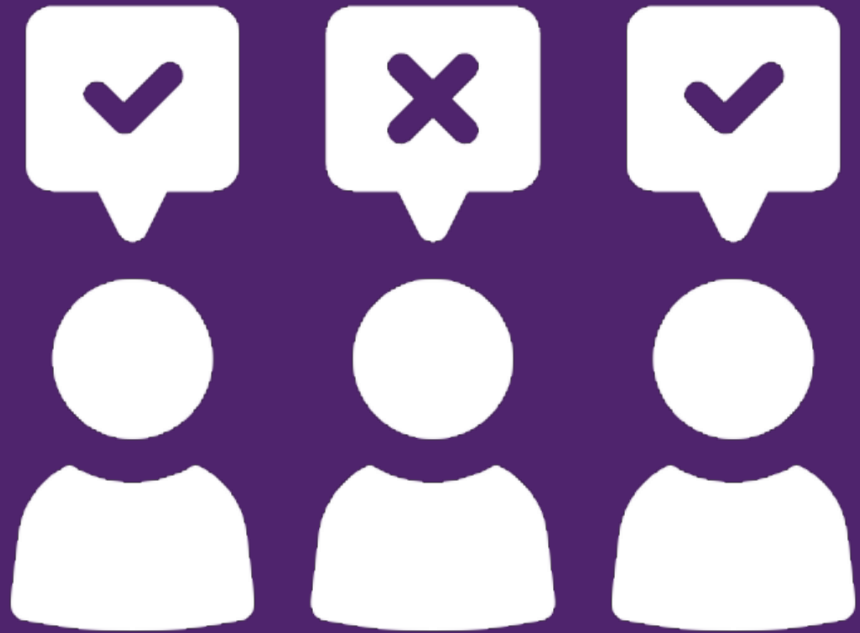
**What does it
mean to Meet
someone
where they
are?**

Humility

Set aside preconceived notions

Recognize power imbalances

See the person for all of who they are



What does
respect mean
to you?

Respect

Recognize the expertise of each person

Find a way to share power

Recognize historical trauma

Modelling

Live the behaviors we want to see

Show people how you want to communicate with you

Respect engagement *and* silence

Coaching Boys into Men

An example from the field



Engage Influential adults and peers

- Men and boys as allies in prevention
- Bystander empowerment and education
- Family-based programs

From the
CDC's
Resources for
Action

Coaching Boys[®]
INTO MEN
CoachesCorner.org

CBIM Guiding Principals

The Power of Sports

Sports have tremendous influence in our culture and in the lives of young people. The principles of teamwork and fair play that are central to athletics make sports an ideal platform to teach healthy relationship skills.

Strong Partnerships Foster Success

CBIM is most successful when coaches and staff from local domestic or sexual violence prevention agencies have strong partnerships.

Building Leadership, Transforming Norms

CBIM has been proven to positively impact athletes' ability to intervene when witnessing abusive or disrespectful behavior. As leaders themselves, athletes are given the tools and vocabulary they need to stand up for respect and influence their school's culture.

Coach as Leader

As influencers and role models, coaches are uniquely poised to deliver CBIM. They are central to CBIM's success.

How?

Builds strong communities and fosters healthy relationships among teen leaders and their peers.

Builds trust and sets expectations for acceptable behavior.

Defines abusive behaviors and teaches healthy relationship skills.



In Conclusion

Live in the complexity

Engage with respect and
humility

Model the behaviors we want
to see

Show patience and
compassion

You are not alone.



If you or someone you know is in a dangerous or unhealthy relationship, local domestic violence advocates are available to help **24/7** by phone.

We're here to help.

Domestic Violence Hotlines

New Castle County: 302-762-6110

Kent & Sussex Counties: 302-422-8058

or en español 302-745-9874

For more information, visit the Delaware Coalition Against Domestic Violence at DCADV.org.

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