

# Learning Objectives

# **VIRTUAL**

### MODULE 1: OVERVIEW OF DELAWARE VICTIMS' SERVICES

At the end of this module, participants should be able to:

- Identify major social & political movements that contributed to the Victims' Rights Movement
- Describe the impact of contemporary Victims' Rights laws and Bills
- Describe how Victims' Rights Organizations benefit the field
- Compare supportive services available to victims across different time periods

# **MONDAY**

### MODULE 2: VICTIM ADVOCACY AND COLLABORATION

At the end of this module, participants will be able to:

- Define victim advocacy and collaboration
- Identify strategies and resources to provide advocacy services to victims
- Define skills strengthened by empathy

### MODULE 3: DELAWARE VICTIMS' RIGHTS IN THE CRIMINAL JUSTICE SYSTEM

At the end of this module, participants should be able to:

• Describe the role of the seven phases on the criminal justice system (law enforcement, prosecution, Judiciary/Courts, Probation,

Institutional Corrections, Parole, and Appeals Process) and the rights of victims of crime during each stage

- Define "victim" and "witness" according to Delaware statutes
- Describe distinctions between different justice systems and the rights of victims in those systems

# **DEBRIEFING SESSION**

Each day ends with a 15 minute debriefing session in small groups. Questions include:

- What went well for you today? Would you like to share any takeaways or anything that really resonated with you?
- What didn't go well that you'd like to see done differently?
- Is there anything you'd like Academy staff and faculty to know?

# **TUESDAY**

### **MODULE 4: SELF-CARE: FOSTERING RESILIENCE**

By the end of this self-care module, participants should be able to:

- Identify activities to optimize your well-being
- Identify the building blocks of resilience

### **MODULE 5: TRAUMA-INFORMED CARE**

- Define the terms "trauma" and "trauma-informed care"
- Recognize the short- and long-term effects of trauma on the body and the brain
- Identify three strategies or tools you can take back to your offices and practices to be more trauma-informed and welcoming
- Describe how the Empowerment Model embodies trauma-informed work with survivors

### MODULE 6: TRAUMA RESPONSE & CRISIS INTERVENTION & COMMUNICATION

At the end of this module, participants should be able to:

- Identify challenging components of crisis intervention
- Explain the basic needs of a victim in crisis
- Practice five active listening techniques that can help establish a trusting relationship with a victim
- Apply the Empowerment Model

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### **WEDNESDAY**

### **MODULE 7: SELF-CARE: MINDFULNESS**

By the end of this self-care module, participants should be able to:

• Participate in a guided meditation to practice mindfulness

### **MODULE 8: INCLUSIVITY**

- Define intersectionality & equity in service
- Describe the intersection of poverty & victimization
- Describe the intersection of gender, sexuality, and victimization

- Identify common barriers to services
- Identify how inclusive practices support survivors w/intersecting marginalized identities
- Discuss strategies to increase equitable practices with victims

### **MODULE 9: CHILD SAFETY**

At the end of this module, participants should be able to:

- Describe the impact of trauma on children
- Identify when and how to make a DFS referral
- Explain the investigative process of DFS Children's Services
- Describe the various remedies used to assist children and families

# MODULE 10: ETHICS, CONFIDENTIALITY, AND BOUNDARIES

At the end of this module, participants should be able to:

- Describe confidentiality rights
- Describe legal authority and protections in Delaware
- Define "ethical dilemma" and introduce OVC's Model Standards
- Use OVC's Model Standards to resolve ethical dilemmas
- Identify ethical strategies that promote healthy boundaries

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# **THURSDAY**

# MODULE 11: SELF-CARE, GRATITUDE

By the end of this self-care module, participants should be able to:

- Complete your "Gratitude Flower" worksheet
- Write an anonymous comment on at least five (5) of your classmate's flowers, describing why you are thankful for them this week

# MODULE 12: SAFETY PLANNING AND PROTECTION FROM ABUSE ORDERS

At the end of this module, participants should be able to:

- Define safety planning
- Compare and contrast safety planning strategies for victims
- Develop safety plans

## **MODULE 13: CIVIL REMEDIES & VICTIM COMPENSATION OPTIONS**

- Explain what VCAP is
- Describe the VCAP Application process
- Describe eligibility requirements for the Victims' Compensation Assistance Program (VCAP) in Delaware
- Identify VCAP qualifying crimes
- Explain how VCAP payments work
- Describe civil remedies for victims of crime in Delaware
- Discuss the pros and cons of filing civil suits in wrongful death and personal injury cases in Delaware
- Identify ancillary issues experienced by victims of crime
- Understand available VCAP benefits
- Assist victims with a VCAP Application

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### \*SPECIAL NETWORKING EVENT\*

 This event will take place in the Prefunction room from 6-8pm and will include passed appetizers and a cash bar

### **FRIDAY**

### **MODULE 14: SELF-CARE: MOVEMENT**

By the end of this self-care module, participants should be able to:

- Visit at least two stations that allow you to tune into your body
- Identify one situation when it might be appropriate to share a movement strategy with a client

### **MODULE 15: WORLD CAFE**

- Identify six agencies/resources that assist victims of crime
- Engage with other service providers to coordinate across service sectors

# MODULE 16: REPRISE OF DELAWARE VICTIMS' SERVICES HISTORY (JEOPARDY!)

At the end of this module, participants should be able to:

- Identify major social/political movements that contributed to the rise of the Victims' Rights movement
- Describe major federal victims' rights laws
- List several victims' rights organizations

# POSTTEST, GRADUATION & DISMISSAL