



# 2022 Learning Objectives

## VIRTUAL

### MODULE 1: OVERVIEW OF DELAWARE VICTIMS' SERVICES

At the end of this module, participants should be able to:

- Identify major social & political movements that contributed to the Victims' Rights Movement
- Describe the impact of contemporary Victims' Rights laws and Bills
- Describe how Victims' Rights Organizations benefit the field
- Compare supportive services available to victims across different time periods

## SUNDAY

### MODULE 2: VICTIM ADVOCACY AND COLLABORATION

At the end of this module, participants will be able to:

- Define victim advocacy and collaboration
- Identify strategies and resources to provide advocacy services to victims
- Identify skills strengthened by empathy
- Identify strategies to enforce healthy boundaries

## **MONDAY**

### **MODULE 3: CRISIS INTERVENTION & COMMUNICATION SKILLS**

At the end of this module, participants should be able to:

- Identify components of crisis intervention that may be challenging based on DISC results
- Explain the basic needs of a victim in crisis
- Discuss five active listening techniques that can help establish a trusting relationship with a victim
- Discuss empowerment and resilience in working with victims

### **MODULE 4: ETHICS, CONFIDENTIALITY, AND BOUNDARIES**

At the end of this module, participants should be able to:

- Define “ethical dilemma” and why formal policies or committees around ethics are important
- Use OVC’s Model Standards in helping resolve ethical dilemmas
- Describe the confidentiality rights of victims of crime in Delaware
- Explain how participants’ own values, beliefs, and attitudes might influence their ability to support victims of crime

### **MODULE 5: CHILD SAFETY**

At the end of this module, participants should be able to:

- Describe the impact of trauma on children
- Identify when and how to make a DFS referral
- Explain the investigative process of DFS Children’s Services
- Describe the various remedies used to assist children and families

## **MODULE 6: SELF-CARE: SLEEP**

By the end of this self-care module, participants should be able to:

- Identify how your circadian rhythm affects your daily functioning and productivity
- Track your circadian rhythm throughout the week and create a plan to optimize your productivity in your work and personal life

## **TUESDAY**

### **MODULE 7: DELAWARE VICTIMS' RIGHTS IN THE CRIMINAL JUSTICE SYSTEM**

At the end of this module, participants should be able to:

- Define "victim" and "witness" according to Delaware statutes
- Describe the role of the seven phases on the criminal justice system (law enforcement, prosecution, Judiciary/Courts, Probation, Institutional Corrections, Parole, and Appeals Process) and the rights of victims of crime during each stage
- Describe distinctions between federal, military, state, civil, and tribal justice systems and the rights of victims in those systems

### **MODULE 8: INCLUSIVITY**

At the end of this module, participants should be able to:

- Define intersectionality & equity in service
- Identify how inclusive practices supports survivors with intersecting oppressions
- Identify new strategies to improve your equitable response to clients
- Identify the relationship between victimization & poverty, including the cause & types of poverty
- Identify common barriers victims may face when accessing services & describe potential resources to overcome barriers
- Practice the Empowerment Model of advocacy as a tool to more effectively work with victims who are living in poverty

## **MODULE 9: SELF-CARE: MINDFULNESS**

By the end of this self-care module, participants should be able to:

- Participate in a guided meditation to practice mindfulness

## **WEDNESDAY**

## **MODULE 10: TRAUMA-INFORMED CARE**

At the end of this module, participants should be able to:

- Define the terms “trauma” and “trauma-informed care”
- Recognize the short- and long-term effects of trauma on the body and the brain
- Identify three strategies or tools they can take back to their offices and practices to be more trauma-informed
- Demonstrate several ways for crime victims to calm their bodies in order to feel safer and less afraid

## **MODULE 11: CIVIL REMEDIES & VICTIM COMPENSATION OPTIONS**

At the end of this module, participants should be able to:

- Describe eligibility requirements for the Victims’ Compensation Assistance Program (VCAP) in Delaware
- Assist a victim in filling out a VCAP Application
- Inform victims of the award and denial process
- Describe civil remedies for victims of crime in Delaware
- Discuss the pros and cons of filing civil suits in wrongful death and personal injury cases in Delaware
- Describe the kinds of cases addressed by the various courts in Delaware

## **MODULE 12: SELF-CARE, GRATITUDE**

By the end of this self-care module, participants should be able to:

- Identify areas in your life that you feel grateful about
- Identify aspects of at least five (5) classmates that you are thankful for

## **THURSDAY**

## **MODULE 13: SAFETY PLANNING AND PROTECTION FROM ABUSE ORDERS**

At the end of this module, participants should be able to:

- Compare and contrast safety planning strategies for victims
- Help a victim develop a Safety Plan
- Explain the procedure(s) for seeking a Protection from Abuse Order

## **MODULE 14: REPRISE OF DELAWARE VICTIMS' SERVICES HISTORY (JEOPARDY!)**

At the end of this module, participants should be able to:

- Identify major social/political movements that contributed to the rise of the Victims' Rights movement
- Describe major federal victims' rights laws
- List several victims' rights organizations
- Discuss whether victims' rights work today is still a "Movement" or a "Field"

## **MODULE 15: SELF-CARE: FOSTERING RESILIENCE**

By the end of this self-care module, participants should be able to:

- Identify the four dimensions of resilience
- Identify two coping mechanisms you plan to focus on after the DVAA

## **GRADUATION & DISMISSAL**